WHAT IS CLAIMED IS:

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A sensor comprising:

a plurality of electrically conductive fibers;
a sensing material coating at least some of the fibers; and
an insulating layer positioned about the plurality of electrically
conductive fibers.

- 2. The sensor of claim 1, wherein the insulating layer forms an analyte barrier that surrounds the conductive fibers.
- 3. The sensor of claim 2, wherein the analyte barrier defines at least one opening for allowing an analyte to access the sensing material.
- 4. The sensor of claim 1, wherein the insulating layer comprises an electrical insulator.
- 5. The sensor of claim 1, wherein the insulating layer comprises polyurethane.
- 6. The sensor of claim 1, wherein the conductive fibers comprise carbon.
- 7. The sensor of claim 1, wherein the sensing material includes a redox compound.
- 8. The sensor of claim 7, wherein the redox compound comprises a transition metal complex with one or more organic ligands.
- 9. The sensor of claim 7, wherein the sensing material includes a redox enzyme.
- 10. The sensor of claim 9, wherein the redox enzyme catalyzes the oxidation or reduction of an analyte.
- 11. The sensor of claim 10, wherein the analyte comprises lactate.

- 12. The sensor of claim 11, wherein the redox enzyme is selected from the group of lactate oxidase and lactate dehydrogenase.
- 13. The sensor of claim 10, wherein the analyte comprises glucose.
- 14. The sensor of claim 13, wherein the redox enzyme is selected from the group of glucose oxidase and glucose dehydrogenase.
- 15. The sensor of claim 1, wherein the fibers form a sheet.
- 16. The sensor of claim 1, wherein the fibers are interwoven.
- 17. The sensor of claim 1, wherein the fibers form a piece of fabric.
- 18. The sensor of claim 2, wherein the analyte barrier defines a plurality of openings for allowing an analyte to access the sensing material.
- 19. A retractor device comprising:
 - a surgical retractor blade; and
- a lactate sensor positioned adjacent to the retractor blade for sensing lactate levels in tissue being compressed by the retractor blade, the lactate sensor including:

 a plurality of electrically conductive fibers;
- a sensing material coating at least some of the fibers, the sensing material including a redox compound for oxidizing or reducing lactate; and
- an insulating layer positioned about the plurality of electrically conductive fibers.
- 20. The retractor of claim 19, wherein the lactate sensor engages a surgical pad.
- 21. The retractor of claim 19, wherein the insulating layer defines a plurality of openings for allowing blood to access the sensing material on the fibers.

22. The retractor of claim 19, wherein the sensing material includes a redox enzyme that catalyzes the oxidation or reduction of lactate.